

Training Pool Schedule Summer 2008 (June 17th - September 7th)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
CLOSED	5:30 - 8:00 AM Adult Swim 4ft.	5:30 - 8:20 AM Adult Swim 3.5ft.	5:30 - 8:00 AM Adult Swim 4ft.	5:30 - 8:20 AM Adult Swim 3.5ft.	5:30 - 8:00 AM Adult Swim 4.0ft.	CLOSED	
7:00 - 8:00 am Adult Swim 3.5ft.							
8:00am-2:30 pm Baby & Toddler LTS classes (Please refer to Program guide for exact class names and times)	8:00 - 10:00AM Baby & Toddler LTS Classes (Please refer to Program guide for exact class names and times)	8:20 - 9:30AM Baby & Toddler LTS Classes Women Only Open Swim 9:30 - 11:00am 3.5ft.	8:00 - 10:00AM Baby & Toddler LTS Classes (Please refer to Program guide for exact class names and times)	8:20 - 9:30AM Baby & Toddler LTS Classes (Please refer to Program guide for exact class names and times) 9:30 - 10:30 pm Women's Only (Breast Cancer Survivor Program) 3.5ft.	8:00 - 10:00AM Baby & Toddler LTS Classes (Please refer to Program guide for exact class names and times)	CLOSED	
	JCC CAMP 10am - 12pm	JCC CAMP 11:00am - 1:30pm	JCC CAMP 10am - 12pm	10:30 - 11:30 am Womens Only Open Swim 3.5ft.	JCC CAMP 10pm - 12pm		
			12:10 - 1:10 pm Arthritis Water Ex (Registered) 3.5ft.	JCC CAMP 11:30AM- 1:30pm	12pm - 12:30pm MAINTENANCE		
	12pm - 12:30pm MAINTENANCE		1:10 - 1:30pm MAINTENANCE	1:30 - 2:00 pm Toddler Swim Class	12:30 - 1:10pm Open Family Swim		
		1:30 - 6:10pm Open Family Swim and Private Lessons 2.5ft.			1:10 - 2:10pm Arthritis Water Ex (Registered) 4.0ft.		
	2:30 - 6:00 pm Open Family Swim and Private Lessons 2.5ft.	12:30-6:10pm Open Family Swim Lessons 2.5ft.		2:00 - 6:10pm Open Family Private Lessons 2.5ft.			
			1:30 - 6:10pm Open Family Private Lessons 2.5ft.		2:10 - 7pm Open Family & Private Lessons 2.5ft.		
	6:00 - 7:00 pm Women's Only Open 3.0ft.	6:10 - 7:10 pm Water Ex (Drop in) 3.5ft.	6:10 - 7:10 pm Water Ex (Drop in) 3.5ft.	6:10 - 7:10 pm Water Ex (Drop in) 3.5ft.	6:10 - 7:10 pm Water Ex (Drop in) 3.5ft.		5:00 - 9:30 pm Adult Swim 3.5ft.
	7:00-8:00pm Adult Lap Swim			7:10-7:30pm Open Adult swim 3.5ft			
8:00 - 9:30 pm Men Only Swim 4.0ft.	7:10 - 10:30 pm Adults Only 3.5ft.	7:10 - 10:30 pm Adults Only 3.5ft.	7:30 - 8:30 pm Adult Learn to Swim Class For Beginners	7:10 - 10:30 pm Adults Only 3.5ft.	7pm - 9 :30pm Adult Swim 3.5ft.		
CLOSED			8:30 - 10:30 PM Adult Swim 3.5ft.				
					CLOSED	CLOSED	

*Private Lessons may be held during any age appropriate times.

When classes and camp are not in session the time slots will become open family and private lesson times

Camp dates are from June 17th to Aug. 15th No camp July 4th

For Questions and Schedule Updates Please go to the JCC in Manhattan's website:

www.jccnyc.org